<u>Transgender Center of the Rockies:</u> Colorado based Trans Organization that specifically works to provide access to gender-affirming healthcare and counseling.

<u>Transformative Freedom Fund:</u> Nonprofit that helps remove financial barriers for transition related healthcare.

<u>Youth Seen</u>: Colorado based nonprofit that helps provide access to programs and mental health services for LGBTQ+ individuals, they also employ a team of case managers that can work with LGBTQ+ youth in the short term to access needed resources. Also hosts a summer camp for LGBTQ+ youth. Beyond the website can be contacted with the phone number 970.462.7498.

<u>Name Change Project:</u> Specifically helps folks in Colorado navigate both the name change process and gender marker changes on government documentation.

<u>This Google Doc</u> provides an exhaustive list of resources in the Fort Collins area for trans individuals.

# **Phone resources:**

**LGBTQIA Support Lines** 

These toll-free lines are staffed by either trained LGBTQIA youth or adults, or by trained youth or adults that are LGBTQ friendly. (Last updated: 1/9/2020)

### • Trevor Project

- "The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25"
- Text (text START to 678-678), Instant Messaging also available
- o Number: (866)-488-7386
- LGBT National Youth Hotline (ages 23 and under)
  - Free and Confidential peer support for the LGBTQ and questioning community ages 25 and younger.
  - Mondays to Fridays from 1 pm 9 pm PST
  - Saturday from 9 am 2 pm PST
  - Number: 800-246-7743

### LGBT National Hotline

- The LGBT National Hotline is for all ages.
   We provide a safe space that is anonymous and confidential where callers can speak on many different issues and concerns including, but limited to, coming out issues, gender and/or sexuality identities, relationship concerns, bullying,
  - out issues, gender and/or sexuality identities, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety, safer sex information, suicide, and much more.
- Monday thru Friday from 1PM to 9PM PST

Saturday from 9am to 2pm PST

o Number: 888-843-4564

#### • True Colors United

- True Colors focuses on supporting homeless youth. They have a hotline but you can also reach out to them for other resources.
- o Number: (212)-461-4401

# • Pride Institute LGBTQ Dependency

- Substance Dependency Organization
- o Number: (800)-547-7433

# **General Support Lines**

#### Crisis Text Line:

- Crisis Text Line is the free, 24/7, confidential text message service for people in crisis
- Text HOME to 741741 in the United States.

#### • Teen Line

- If you have a problem or just want to talk with another teen who understands, then this is the right place for you!
- Text "TEEN" to 839863 between 6:00pm-9:00pm PST to speak with one of our teens (Text STOP to opt out.

# • Community Helpline

- "Community Helpline has been taking crisis calls since 1971, helping callers work through feelings that range from loneliness & depression, to suicide. Our goal is to provide hope and compassion to the caller. As a confidential crisis and referral hotline, we have served the local South Bay community and have grown to serve the entire state of California."
- o Number: (877)-541-2525

# • Wellspace Health Crisis/Suicide Prevention

- Texting and Instant Chat Messaging also available
- o Number: (916)-368-3111

### **Topic Specific Support Lines**

- RAINN: Rape Abuse + Incest National Network
  - When you call 800.656.HOPE (4673), you'll be routed to a local RAINN affiliate organization based on the first six digits of your phone number. Cell phone callers have the option to enter the ZIP code of their current location to more accurately locate the nearest sexual assault service provider.
  - Number: (800) 656-4673 / (800) 810-7440 (TTY)
- WEAVE Crisis Intervention For Domestic Violence and Sex Trafficking/Sexual Assault
  - All of WEAVE's services can be accessed by calling the Support and Information Line. WEAVE's 24-Hour Support and Information Line offers immediate intervention and support by trained peer counselors. Help is available in over 23 languages.
  - o Number: (916)-920-2952
- "Friends for Survival" Suicide Loss Helpline

- We are a 501(c) (3) tax-exempt charitable, national non-profit bereavement outreach organization available to those who are grieving a suicide death of family or friends. We also assist professionals who work with those who are grieving a suicide tragedy. Friends For Survival, organized by and for survivors, has been offering suicide bereavement support services since 1983. All staff and volunteers have been directly impacted by a suicide death.
- o Number: (800)-646-7322

# **Crisis Intervention/Suicide Prevention**

National Suicide Prevention Lifeline: (800) 273-8255 (online chat available)

The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Crisis Text Line: Text START to 741-741

Crisis Text Line is free, 24/7 support for those in crisis. Text from anywhere in the USA to text with a trained Crisis Counselor.

The Gay, Lesbian, Bisexual and Transgender National Hotline: (888) 843-4564

The GLBT National Youth Talkline (youth serving youth through age 25): (800) 246-7743

Both provide telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States.

Trans Lifeline: (877) 565-8860

Trans Lifeline is a trans-led organization that connects trans people to the community, support, and resources they need to survive and thrive.

#### Youth Information

The National Runaway Safeline: 800-RUNAWAY (800-786-2929)

Provides advice and assistance to runaways, including resources, shelter, transportation, assistance in finding counseling, and transitioning back to home life. NRS frontline staff will also act as advocates and mediators if/as needed.

**The True Colors United**: (212) 461-4401

The True Colors Fund is working to end homelessness among lesbian, gay, bisexual, transgender, queer, and questioning youth, creating a world in which all young people can be their true selves. True Colors United runs a database of service providers.

### **Self Abuse Finally Ends (S.A.F.E)**

Addresses individuals coping with non-suicidal self-injury, including locally-based information, support and therapy referrals.

#### **HIV/AIDS Information**

AIDS in Prison Project Hotline: (718) 378-7022 (English and Spanish)

This hotline provides HIV and AIDS information for prisoners, and accepts collect calls.

National AIDS Hotline (800) 342-AIDS / (800) 344-7432 (Spanish) / (800) 243-7889 (TDD)

### Other Hotlines

U.S. National Domestic Violence Hotline: (800) 799-7233 (English and Spanish) (800) 787-3224 (TTY)
They also have an online chat feature available. Operating around the clock, seven days a week, confidential and free of cost, the National Domestic Violence Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Highly trained, experienced advocates offer compassionate support, crisis intervention information and referral services in over 170 languages.